



Smith & Mandava

Cosmetic Dentistry

After Composite (Tooth Colored) Fillings

When an anesthetic has been used, your lips and tongue may be numb for several hours after your appointment. Avoid chewing and hot beverages until the numbness has completely worn off. It is very easy to bite or burn your tongue or lips while you are numb.

You may chew with your composite fillings as soon as the anesthetic completely wears off. Composite fillings are fully set when you leave the office. It is normal to experience some hot, cold and pressure sensitivity after your appointment. Injection sites may also be sore. If you are not allergic, you may take acetaminophen (Tylenol) or Advil (ibuprofen) or a combination of both as directed by our office to alleviate the tenderness. If pressure sensitivity persists beyond a few days or if the sensitivity to hot or cold increases, contact our office.

If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office at **(203) 758-2116**. We are here for you.