



# Smith & Mandava

## Cosmetic Dentistry

### **After Gingival Grafts**

**Do not smoke for 24 hours.**

### **Pain Management**

If you are not allergic, you may take acetaminophen (Tylenol) or Advil (ibuprofen) or a combination of both as directed by our office for pain relief. We often recommend two Advil and two Tylenol every five hours. These over the counter medications are best taken with food. Please note that these drugs may cause drowsiness. Therefore, you should not operate machinery, cars, etc. or consume alcohol."

### **Bleeding**

A slight oozing of blood will occur over the next few hours. Remember this is normal and that a small amount of blood in saliva looks as if it were a lot.

### **Hygiene**

**Do not** brush or floss the surgical area.

### **Food**

Avoid chewing on the side of the surgery until the stitches are removed.

### **Prescriptions**

You may have been given a prescription for a mouth rinse. It is imperative that you use this medication properly. Rinse with one half capful as the last thing before bed and rinse again after cleansing your mouth after breakfast. Antibiotics may also have been prescribed/ you must finish as directed.

### **Questions**

Do not hesitate to call with any concerns. We are here to help make your recovery as uneventful as possible. If necessary, call us at **(203)-758-2116**.

### **Caution!**

Moving of graft area may cause it to fail. Do not pull lip out to view grafting site.